

Are you a survivor of childhood Historical Institutional Abuse?



We Can Help

**Contact the HIA Support Service on
(028) 90 75 01 31**

Monday – Friday 9.00am – 5.00pm

For counselling or advice on:

- benefits, housing, debt, & personal finance
- education & further education, jobs & training
- searching for personal records
- reporting abuse incidents to the police

If you or someone you know is in distress or despair - call Lifeline free*
on **0808 808 8000**. Lifeline is available 24 hours a day – 7 days a week.
(Textphone: 18001 0808 808 8000)

Lifeline

0808 808 8000

*from all landlines and most mobiles